



# ODYSSEY

BOOKS & RESOURCE CENTRE

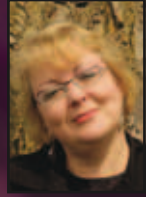
## WINTER 2010

- CALENDAR OF EVENTS
- AUTHOR VISITS
- PROSPERITY FEATURE
- FOCUS ON LOVE
- MONTHLY MEMBER SPECIALS



## THE FACES OF ODYSSEY...

**Debbie Purvis** – was a College Professor & Academic Chairperson, book author, magazine columnist and television host prior to opening Odyssey in 1997.



**Adela Barbier** – is trained in Reiki, Polarity Therapy, Metamorphic Technique, and Hypnosis.



**Melba West** – is a talented craftsperson & drum maker who also teaches First Nation traditions.



**Deanna Christiansen** – is a Reiki Master who shares her enthusiasm, energy & love for life with all.



**Kelley Gaspar** – is a Holistic Practitioner, Bard & Runes Master, and an ordained Priestess in the Fellowship of Isis.

### **WHO'S WHO - TEACHER, READER & HEALER PROFILES**

If you want to know more about the wonderful people who offer their courses and services through Odyssey, please visit our website.



# ODYSSEY

BOOKS & RESOURCE CENTRE

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## OUR MANDATE

A centre of specialized books, gifts, classes, and services designed to increase awareness and enhance personal discovery, development, and growth.

Knowledgeable, professional associates, who provide guidance, advice, and personal recommendations, and are open to receiving feedback, comments, and suggestions.

A forum of discovery and interaction that encourages the exploration and exchange of knowledge and ideas.

A warm, open, and inviting environment.

109 OLD KINGSTON RD., UNIT 15, AJAX, ON L1T 3A6

PH: 905 426-4823 FAX: 905 426-4824

M-W 10 am - 7 pm; TH-F 10 am - 7:30 pm;

SAT 10 am - 6pm; SUN 11 am - 5 pm

Web: [www.odysseybooks.on.ca](http://www.odysseybooks.on.ca)

Email: [mail@odysseybooks.on.ca](mailto:mail@odysseybooks.on.ca)



# CALENDAR OF EVENTS

## WINTER 2010



### **REGISTRATION**

To register for a Course or Reading you can come in, call or visit our website. To hold your spot we require a 25% non-refundable deposit. You are entitled to the lower fee in brackets when you pre-register (at least one week before the date) and pay in full.

If the Course or Reading you choose is marked with an asterisk (\*) we require your payment in full within 48 hours of registering, in order to secure your place at the lower fee.

To maximize your learning experience, classes are kept small; early registration is suggested to ensure a spot. Full refunds are issued for all cancelled classes.

If you are unable to attend a Course or Reading in which you have enrolled, please phone us at least 2 days prior to the class date so that we can issue you a store credit (less the deposit fee). This credit can then be applied to a subsequent booking or product purchase.

Unless otherwise indicated (or prior approval has been granted), classes are intended for participants 18 years of age or older.

To maximize your meditation experience, we recommend that you eat lightly, and reduce or avoid alcohol, caffeine and/or artificial stimulants beforehand.

### **CUSTOMER MEMBERSHIP PROGRAM**

In addition to \$5 reward vouchers for every \$100 you spend; free gifts; monthly specials; and discount offers, select titles have been discounted by 10% - 25%. The annual fee is \$10.00. Sign up today.

### **CUSTOMER MAILING LIST**

If you have a change of address, or would like your name removed from our customer database, please let us know. Thank you.

### **CUSTOMER EMAIL LIST**

Visit our website to sign up for our Email Newsletter for: Odyssey news, highlights, new products, and special offers.

### **NEW at the Courtyard!**

**BLISS FLOWERS & GIFTS** – Be sure to drop in next door to see Heather Campbell's lovely, spiritually infused flowers. Heather has taught and worked with Odyssey customers for years - so we are delighted to have her as our new neighbour!

**LION & DRAGON PUB** – Tame your hunger by checking out a new restaurant in the back Courtyard. Reasonably priced good food - a convenient spot to grab a bite before you come to class!

# HEALING CENTRE

## **CHAKRA & AURA CLEARING WITH QUANTUM BIO-FEEDBACK SUE KERN**

*(30 minutes)*

The SCIO will support you in clearing & balancing your chakras & auric field, remove non-beneficial attachments & identify mental, physical, emotional blockages on a multi-dimensional basis

**Sunday, Jan. 17, Feb. 14, Mar. 28**

Fee: \$50 (\$40)\*

## **INTUITIVE REIKI & CHAKRA BALANCING**

*(60 minutes; taped)*

Receive the healing benefits of Reiki energy, as well as harmonize & centre your physical, mental, emotional & spiritual health. Release toxic energies from the chakras. Mediumship is used to obtain spiritual guidance, meet guides, angels & crossed over loved ones, possible past lives & animal totems.

**Sunday, Jan. 10, 24, Feb. 7, 21, Mar. 7, 21, Apr. 4, 18**

Fee: \$75 (\$65)\*

*(Weekdays also available)*

**COLLEEN JANIK**

## **MASSAGE WITH REIKI & REFLEXOLOGY**

*(60 minutes)*

Janiece combines a stress-relieving back, neck and shoulder massage with Reiki and then finishes with a heavenly Reflexology foot treatment. Acupressure combined with Reiki helps to restore health and vitality by releasing blockages. Janiece is a RMT so receipts can be issued for your health plan.

By Appointment.

Fee: \$85 (\$75)\*

**JANIECE HENDERSON**

## **REIKI WITH ENERGY CLEARING**

*(90 minutes)*

Reiki can assist in the healing process by removing blockages caused by internal & external energies. In addition, this session may also help you make an intuitive connection to the wisdom of your inner child.

By Appointment.

Fee: \$80 (\$70)\*

**FAY**

## **SPIRITUAL COUNSELLING**

*(60 minutes)*

The guidance you receive is channelled to Fay from your Higher Self and will help to support the personal & spiritual issues that may be limiting the full expression of your life experiences.

By Appointment. Fee: \$50 (\$40)\*

**FAY**

## **ZENITH OMEGA**

*(90 minutes)*

In this transformational session you will receive the healing and aligning benefit of Pleiadian Light Colour Frequency & Sacred Geometry to restore your original DNA Blueprint and Light Body as you release emotional blocks, imbalances and dis-ease from all Times, Levels and Dimensions.

**Saturday, Jan. 23, Mar. 6, April 17**

Fee: \$100 (\$85)\*



**CATHRYN GREEN**

# ODYSSEY READERS

## ASTROLOGY READING

*(60 minutes; taped; with Birth Chart)*

What does the geometry of the sky reveal about you? Make an appointment to have a custom astrology chart created that includes a full interpretation and predictive forecast.

By appointment.

**DAN MISCHUK**

Fee: \$75 (\$65)\*

## AURA PORTRAIT READING

*(45 minutes; taped; pastel aura portrait included)*

The aura is an energy field that radiates around & throughout your physical body. This unique pattern of colours illustrates your higher purpose as it relates to your family, relationships, career, health & life events.

**Saturday, Jan. 30, Feb. 20, Mar. 20, Apr. 17**

**REIGN**

Fee: \$60 (\$50)\*

## CHANNELLED READING

*(60 minutes)*

Upon entering a state of super-consciousness, Robert telepathically connects to your energy signature to receive information about your past, present, and future. (Weekday appointments available)

**Saturday, Jan. 30, Feb. 27, Mar. 27, Apr. 24**

**ROBERT CALVERT**

Fee: \$80 (\$70)\*

## CRYSTAL & GEMSTONE CONSULTATION

*(60 minutes; free chakra kit)*

Have you every wondered which crystals & gemstones would be most beneficial to you? This one-on-one session includes a personal analysis & recommendation of the stones that are best suited to clear, balance, heal, enhance, & align with your physical, mental, emotional & spiritual needs.

**Sunday, Jan. 17, Feb. 14, Mar. 28**

*This can be booked as a Home Party too. 30 minutes for \$30 without a kit or \$40 with a kit.*

**SUE KERN**

Fee: \$70 (\$60)\*

## FAERY SHAMANISM READING

*(45-60 minutes, taped)*

Shamanism is a traditional form of healing that was used in times of struggle, imbalance, uncertainty and illness. Combining this wisdom of the ancients with the energies of the nature, elemental & spirit worlds, animal totems, & faery realm, Alison will share the messages she receives to support your spiritual path.

**Saturday, Jan. 23, Feb. 27, Mar. 27, Apr. 24**

Fee: \$80 (\$70)\*

**ALISON MASON**



**Wild Wisdom of the Faery  
Oracle Cards  
\$29.95**

"IT'S NOT HARD TO MAKE DECISIONS WHEN YOU KNOW  
WHAT YOUR VALUES ARE."

# ODYSSEY READERS

## INTUITIVE READINGS & LIFE COACHING

MARY D'AGOSTINO

*(30 minutes by phone)*

Mary combines her highly intuitive abilities with the "Pathways of the Soul" cards (which she co-authored) and her MoonWays journal to provide direction on health, career, relationship, life purpose and overall guidance. Each session (three are recommended but not mandatory) provides an opportunity for you to release the blocks that are limiting the manifestation of your dreams & desires. Weekend, weekday & evening sessions can be arranged

Fee: \$50\*

## PAST LIFE & SPIRITUAL JOURNEYS

ALLAN GREEN

*(90 minutes)*

This is not a reading but an unforgettable spiritual journey of self-discovery. As part of every session you will remember 3-4 of your other lives and/or levels of existence as well as meet with your spirit guides & if you wish, communicate with loved ones who have passed over. Since Allan has the unique ability to see and feel these experiences with you, he will gently guide you every step of the way. No hypnosis is involved.

**Saturday & Sunday, Jan. 23, 24, Mar. 6, 7, Apr. 17, 18**

Fee: \$140 (\$110)\*

## PERSONAL SPELL WORK

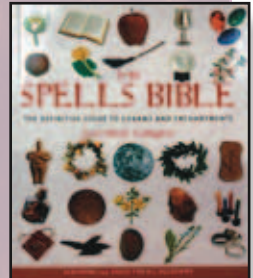
CATHERINE MACLEAN

*(Preparation time plus a 30 & 60 minute meeting)*

Using the powers of the Elements, the Devic kingdom, the Moon & Celestial Bodies with the energies of the Ancestors, the Angelic Realm & the archetypes of the Goddesses, Catherine will meet with you to create a personalized program designed to assist in supporting areas of your life experience. These could include career, money, relationships, health, family, addictions, releasing non-beneficial energies, etc.

By Appointment.

Fee: \$100 (\$90)\*



Spells Bible \$23.99

## PSYCHIC READING

SUE-ANN BAVLNKA

*(45-60 minutes)*

Sue-Ann can support you in identifying and releasing limiting energies and cellular triggers so you can resolve core issues as they relate to health, career, relationships and life purpose. *(Weekdays also available)*

**Sunday, Jan. 17, Feb. 14, Mar. 14, Apr. 25**

Fee: \$70 (\$60)\*



Dolphin Woman Carving \$34.95

"THERE IS NO WAITING FOR SOMETHING TO HAPPEN, NO POINT IN THE FUTURE TO GET TO. ALL YOU HAVE EVER LONGED FOR IS HERE IN THIS MOMENT, RIGHT NOW."

# ODYSSEY READERS

## PSYCHIC TAROT READING

**COLLEEN JANIK**

*(60 minutes; taped)*

Colleen uses her psychic and mediumship abilities to read the Osho Zen and Mythic Tarot decks. Learn precise details for events currently in the works and taking shape for the next year. *(Weekdays also available)*

**Sunday, Jan. 10, 24, Feb. 7, 21, Mar. 7, 21, Apr. 11, 18**

Fee: \$70 (\$60)\*

## HIGHER SELF READINGS

**BABAK PARSAD**

*(60 minutes)*

Babak is able to tap into the etheric field of no time & space to align with insights from the realms of spirit. In these sessions he connects with the Higher Self (the sacred aspect of yourself who is spiritually aware of the contractual implications & karmic blockages that are impacting your life) to provide insight & guidance. In the reading, Babak will chose a card deck or use his crystal ball. If you prefer, he could do a Coffee Grounds reading instead. This is where the vibrational frequencies of the mind are reflected in the cup and then translated from the symbolic language of the spirit to a one that makes more sense. *(Weekdays also available)*

**Saturday, Jan. 16, Feb. 13, Mar. 13, Apr. 10**

Fee: \$70 (\$60)\*

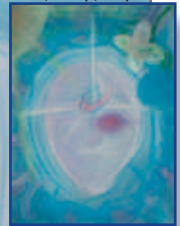
## SPIRIT GUIDE PORTRAIT & READING SHANNON BOWDRING

*(60 minutes; taped; includes portrait)*

In this relaxing session, Shannon will create a unique portrait of one of your guides, angels, animal totems or a loved one who have passed on. The intuitive messages received will provide insight & guidance to your life circumstances.

**Saturday, Jan. 30, Feb. 27, Mar. 27, Apr. 24**

Fee: \$65 (\$55)\*



## TAROT AND RUNE CARD READING

**CATHERINE MACLEAN**

*(60 minutes)*

Using her expertise as a teacher, mythologist & storyteller, Catherine uses a selection of decks to tell the story of your life with a focus on the "chapters" that are most important to you right now. She also works with ascended masters, guides, angels, fairies and your ancestors to clarify the messages received. *(Weekday & evenings also available)*

**Saturday, Jan. 16, Feb. 13, Mar. 13, Apr. 10**

Fee: \$70 (\$60)\*



## ANIMAL COMMUNICATION READING

**ALISON MASON**

*(45 minutes, taped)*

This session will assist you creating harmony in your household if your beloved pet has behavioural issues, is experiencing illness or transitioning from this plane. As a Certified Animal Communicator, Alison can provide information on your pet's mental, physical & emotional state. You can bring your pet if you prefer, but a recent photo is all that's needed. Home readings as well as Reiki treatments (either hands on or distance) can also be arranged.

**Saturday, Jan. 23, Feb. 27, Mar. 27, Apr. 24**

Fee: \$80 (\$70)\*

"SPIRITUAL SURRENDER REQUIRES FAITH, BUT IT ALSO REQUIRES PAYING ATTENTION TO OPPORTUNITIES AND TAKING ACTION."

# ODYSSEY READERS

## VISIONARY ASTROLOGY READING

*(60 minutes; taped; with Birth Chart)*

Your birth data is a template that can reveal personality traits, behaviour patterns and past life influences while illuminating your Soul's evolutionary purpose. By appointment. Fee: \$75 (\$65)\*

**KIM BURNS**

## YOUR SOUL'S STORY READING

*(90 minutes; with Numerology Chart & handouts)*

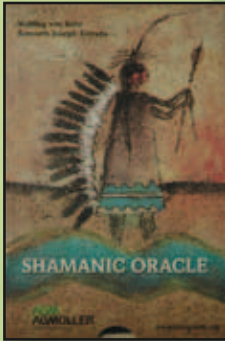
Using a combination of tarot, numerology, astrology, & runes Anna taps into her spiritual/mystical wisdom and intuitive abilities to weave a detailed tapestry of your personal strengths, abilities, challenges & life lessons.

This can be booked as a Home Party too. 30 minutes for \$50; Hostess half-price or free on birthday. (Weekdays also available)

**Sunday, Jan. 31, Feb. 28, Mar. 28, Apr. 25**

Fee: \$95 (\$85)\*

**ANNA BERK**



**Shamanic Oracle Cards**  
\$29.95



**Osho Zen Tarot**  
\$31.95

## FREE AUTHOR VISITS

**ALLAN GREEN** has launched a 12 CD series for \$49.95 featuring highlights from the radio series he did on Past Lives & Spiritual Journeys in 2009. Join us for an author talk and signing.

Sunday, January 24 12:30-1:30 pm

**OWEN WILLIAMS** is the founder of Inner Directions – The Centre for Relationship Excellence. He is also a coach, speaker & radio show host. Join us for an author talk and the signing of his book; "Relationship Revolution".

Saturday, February 13 11 am to Noon



**\$19.95**

**MARGARET HEFFERMAN** has launched her children's book of spiritual stories called "Bedtime Treasures" and will be offering an author visit and signing. You are welcome to bring your kids as she will read stories from the book.

Saturday, March 27 11 am to Noon

"PERSONS THANKFUL FOR LITTLE THINGS ARE CERTAIN TO BE ONES WITH MUCH TO BE THANKFUL FOR."

# SELF-DISCOVERY

## DISCOVERING & HEALING EMOTIONAL/ENERGY BLOCKS

FAY

As we heal, we release the blocks that inhibit our growth so that more light (and love) can enter into our lives. By combining spiritual awareness & knowledge with practical techniques you will discover the areas in your life that need to be healed & balanced. You will also learn different methods to identify & resolve your "issues".

**Wednesday, Jan. 13 to 27**

7-10 pm

Fee: 3 Classes: \$85 (\$75)

## EFT – EMOTIONAL FREEDOM TECHNIQUE

PHEBE-JANE POOLE

EFT can provide rapid & efficient release from negative and painful emotions, which can in-turn lead to deep emotional & physical healing. In this hands-on workshop you will learn how to do EFT on yourself & others.

**Sunday, March 28**

1-4 pm

Fee: \$35 (\$30)

## GEOPATHIC STRESS

PETER TOMÉ

This highly informative workshop will increase your awareness on the negative effects & sources of EMF's (electromagnetic radiation) and the Geopathic toxicity that exists within your home & workplace. Peter will share tips & techniques for energetically balancing & protecting your space.

**Thursday, April 1**

7-8:30 pm

Fee: \$15 (\$11)

## HEALING THE HUMAN BIO-ENERGETIC FIELD

MARY SWAINE

You will learn how to use your intuitive abilities to sense & read the many levels and areas within the bio-energetic field. Mary is the author of "Healing Emotional Trauma" and "Healing the Planet & It's Inhabitants".

**Saturday, Apr. 24**

1-4 pm

Fee: \$35 (\$30)

## THE HERO'S JOURNEY & WORK OF JOSEPH CAMPBELL

C. MACLEAN

The soul is the essential part of us that never dies. It transcends time and allows us to join with others and connect with the Divine. Professor & author Joseph Campbell used myth & metaphor to teach us that in order to experience a rich & fulfilled life we must "follow our bliss". Through play, inner work and self expression you will learn how to commune with your soul and embrace your own Hero's Journey.

**Saturday, Mar. 27 & Apr. 10**

1-3:30 pm

Fee: 2 Classes for \$60 (\$50)



Worry Dolls  
\$2.95



Inspirational Plaque \$12.95



Oil Drum Sun  
\$10.95

"THE ONLY LIMITS TO OUR REALIZATION OF TOMORROW  
WILL BE OUR DOUBTS OF TODAY."

## SELF-DISCOVERY

### **MINDFULNESS – LIVING MOMENTS OF YOUR PERFECT LIFE**      **A. MASON**

Each moment of your personal timeline contains the essence of your whole being. Yesterday is a memory of what was, tomorrow becomes today, and today, the Now, is all we have. In this class you will learn the art of mindfulness & the importance of living in the moment. You will participate in a mindfulness meditation and create a passion board of your life.

**Sunday, February 14**

1-4 pm

Fee: \$35 (\$30)



### **SACRED SOUL SOUND HEALING**

Experience a powerfully nurturing and healing evening of soul exploration and expansion using sound to activate the electro-magnetic grids of Light within you. This will allow you to release and re-connect to the unique "sound" frequency that is you. You will also participate in a holographic group sound healing attunement and DNA activation.

**Wednesday, Feb. 24**

7-9:30 pm

Fee: \$30 (\$25)

**GINA TOMÉ**

### **SPIRITUAL HYPNOSIS – LEVEL 1**

In this interactive workshop you will be introduced to the history of hypnosis and learn how to use it on yourself for relaxation, stress reduction, depression, anger, changing habits, personal motivation and more.

**Saturday, Jan. 30**

1-4 pm

Fee: \$30 (\$25)

**PHEBE-JANE POOLE**

### **VISION BOARD FOR DIVINE MANIFESTATION**

The workshop begins with a meditation to bring clarity to your goal vision. Then, images and energy become mobilized while your intent is infused into the design and construct of your creative vision panel. These are unique personal visual statements that articulate your desires surrounding: career, health, relationships, finances, or to bring clarity to project execution, enabling you to be more focused and aligned with your goals. Materials included.

**Sunday, Jan. 31**

1-4 pm

Fee: \$35 (\$30)

**LINDA LEE PURVIS**

### **ZENITH OMEGA – AN INTRODUCTION**

You will be gifted with a basic clearing and discuss ascension symptoms & Earth shifts. This powerful healing modality combines light/colour frequencies and sacred geometry with your meridians and acupuncture points to support the release of emotional blocks, imbalances and diseases from your physical & energetic bodies. (\$10 is redeemable towards a session).

**Sunday, Jan. 24**

2-4 pm

Fee: \$20 (\$15)

**CATHRYN GREEN**

*The Zenith Omega program is offered through Odyssey. Contact us for more details.*



**Evil Eye Protection \$12.95**

**"UNLESS WE TAKE THE TIME TO REFLECT, WE MISS THE MIRACLES IN OUR LIVES AND ALL THE SPIRITUAL AWAKENINGS THAT HAVE LIT OUR JOURNEYS."**

# SPIRITUAL GROWTH

## AURAS & CHAKRAS

FAY

Your aura is more than just an energy field that surrounds your body. It is YOU, with each level being a higher expression of your consciousness. In this class you will learn how the human energy field governs your development spiritually, mentally, physically and emotionally. You will also learn how to feel and see the auric field. Meditations will include a chakra cleansing, the removal of karmic blocks, and the releasing of emotional chakra cords. The ability to meditate is an asset, but not required.

**Wednesday, Feb. 3 to 17**

7-10 pm

Fee: 3 Classes for \$85 (\$75)

## BUDDHIST MEDITATION PROGRAM

B. GEORGE BLAKE, Ph.D

This course is for training in mental fitness. George's background in clinical psychology combined with decades of study & practice in Buddhist meditation enables him to pass on skills for handling stress, anger, anxiety and egotism (a human condition that distorts the natural laws of interdependence). George's book (\$12.95 value) is included.

**Sunday, Jan. 31 to Mar. 7**

4:30-6 pm

Fee: 6 Classes: \$60 (\$50)

## CELESTIAL AWAKENINGS

GINA TOMÉ

This highly interactive & inspiring workshop will open you to the world of spirit & the various roles that your Angels & Guides play in your life. A guided meditation & sound experience will help you connect and align with your Divine Soul Purpose.

**Saturday, Jan. 16**

1-4:30 pm

Fee: \$38 (\$33)

## EXTRATERRESTRIAL AWARENESS

FAY

Recently governments around the world have been revealing information about extraterrestrial contact that had previously been concealed. Hundreds of thousands of people have had encounters, from sightings to telepathic contact. Through discussion and a meditation you might find yourself making a connection to a particular group of intergalactic beings like the Pleiadians or Arcturians.

**Wednesday, March 3**

7-10 pm

Fee: \$30 (\$25)

## LEMURIAN HEALING & MEDITATION CIRCLE

ALISON MASON

This monthly circle of lightworkers will allow us work as a group in sending healing to Mother Earth, the universe, & all sentient beings. The intent will be to create & promote peace, love & harmony and heal ourselves and the world in which we live. Healing gemstones & sacred medicine wheels will be used to create a human & crystal healing grid to enhance & extend our energies. Proceeds donated to charity.

**Saturday, Feb. 13, Mar. 13, Apr. 10**

5:30-7 pm

Fee: \$12 (\$10)



Citrine  
Pinwheel  
Pendant  
\$40



Iolite & Garnet  
Gemstone  
Pendant  
\$60

"TIME IS SOMETHING YOU SPEND EVERYDAY,  
BUT IT CANNOT BE BOUGHT AT ANY PRICE."

# SPIRITUAL GROWTH

## MEDITATION FOR BEGINNERS

**FAY**

If you have never meditated, or would like to update your meditation skills, join us to learn different types of meditation as well as their purpose and benefits. Practice relaxing and relieving stress, bringing your attention into the moment, techniques for grounding and enhancing intuitive awareness and working with energy.

**Wednesday, April 7 to 28**

7-9:30 pm

Fee: 4 Classes: \$90 (\$80)

## OPENING DOORS TO HIGHER CONSCIOUSNESS

**PHEBE-JANE POOLE**

The Wise Mind Process, developed by Marilyn Gordon, is an astoundingly simple yet powerful way to resolve personal challenges that may be holding you back. Learn transformational techniques that open doors of higher consciousness. Overcome fears, pain, stress, issues around self-esteem, and more by moving into states of strength, wisdom, openness, and love.

**Saturday, Feb. 6**

1-4 pm

Fee: \$35 (\$30)



## SPIRITUAL DEVELOPMENT - LEVEL II

**FAY**

This program offers more theories for spiritual development & new experiences in meditation. Topics will include: Energy Traps; Native Spirituality; the Void; Expanding & Contracting Time, Discovering Your Galactic Heritage and more. Recommended: Spiritual Development – Level I or experience with meditation

**Thursday, Jan. 14 to Mar. 18**

7-10 pm

Fee: 10 Classes: \$250 (\$225)

## SPIRITUAL DEVELOPMENT CIRCLE

**FAY**

Join us to meet with like-minded people, discuss topics of interest, participate in exercises to enhance your intuition/psychic abilities and experience the benefits of guided, group meditations. A different topic each month.

**Tuesday, Jan. 12, Feb. 9, Mar. 16, Apr. 13**

7 - 8:30 pm

Fee: \$10 (\$5) each

## UNDERSTANDING GNOSTICISM

**ROBERT CALVERT**

Gnosticism was the spiritual belief system followed by the ancients. In this class you will learn its history and terminology while reflecting on the mysticism, scripture and basic tenets. The enlightening wisdom of the Gnostics transcends time and can benefit our spiritual growth & evolution in many ways.

**Saturday, Feb. 27**

1-3 pm

Fee: \$25 (\$20)

## WHY ARE YOU HERE?

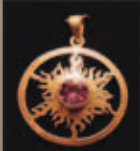
**JASON DOHERTY**

This drop-in discussion group will introduce spiritual seekers to different perspectives on the soul's journey and "why are we here". Discussion around living lucidly in the present moment and sharing/ respecting the belief systems, thoughts & experiences of the group participants will be the focus.

**Saturday, Jan. 30, Feb. 27, Mar. 27, Apr. 24**

6-8 pm

Fee: \$2 each

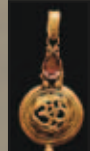


**Silver Sunburst & Amethyst Pendant \$35**

**Silver Mandala & Lapis Pendant \$45**



**Silver Om & Amethyst Pendant \$80**



## NATIVE STUDIES

### MEDICINE BAG

Using ceremony and instruction, you will create your own traditional sacred medicine/offering pouch. (Materials included)

**Sunday, March 7**

7-9 pm

**MELBA WEST**

Fee: \$40 (\$35)

### MISSING SOUL LINKS

Have you ever felt as though there was a part of you missing & that no matter where you looked or what you did, you couldn't find it? Whenever there is trauma the perfect parts of ourselves split off as a means of survival. They find their way to another world until you are ready to receive them back. In this workshop you will learn about the maps shamans use to travel to these worlds, gain entrance & retrieve the missing links.

**Saturday, February 13**

1-4 pm

**HEIDI MCBRATNEY**

Fee: \$35 (\$30)

### SHAMANIC SOUL AWAKENINGS

This deeply inspiring workshop will support you in connecting to the area within your soul that needs to be healed and released. Topics included walking with protection, responsibility vs. responding to your abilities, and a healing Group Soul Retrieval using the hypnotic beat of a frame drum with a guided meditation.

**Tuesday, March 2 & 9**

7-9:30 pm

Fee: 2 Classes \$50 (\$40)

**GINA TOMÉ**

### SMUDGING WORKSHOP

Smudging is the sacred act of burning special herbs to create a cleansing smoke bath that is used to purify people, ceremonial tools/objects, & ritual space. In this hands-on workshop you will learn about the process of smudging as well as create a custom smudge blend and personal smudging feather. Supplies included.

**Sunday, Apr. 18**

1-4 pm

**MELBA WEST**

Fee: \$40 (\$35)

### WAND WORKSHOP

Whether it be a "magic" wand or a tool that is used in healing or spiritual work, your wand can be used to direct energy between the material & energetic realms. In this fun, hands-on workshop you will learn how to attach crystal(s) to a wooden shaft and then discuss the various ways in which your new wand can be used. Materials included for one wand.

**Sunday, Feb. 21**

1-4 pm

**MELBA WEST**

Fee: \$35 (\$30)



**Crystal Smudge  
Feather  
\$34.95**

# ODYSSEY PICKS



**Selenite Lamps**  
\$49.95 - 129.95



**Salt Crystal  
Candle Bowls**  
\$9.95 - \$12.95



**Loose  
Incense Sticks**  
6 for \$1.00



**Salt Crystal  
Lamps**  
\$24.95 - 34.95



**Moroccan Lantern**  
\$39.95



**Tea Light  
Candle Tree**  
\$44.95



**Fire Scrying Pot** \$39.95

"LETTING GO OF THE ILLUSION THAT WE HAVE COMPLETE CONTROL OVER OUR OUTCOMES WILL FREE US FROM OUR FEARS."

# GODDESS & WICCA

## GODDESS PLAYSHOP

**ANGELYN**

In this fun and interactive session you will play Goddess games (which could include Angel Whispers, Inner Goddess Tour or Soul Searching), use "Goddess-ence" essential oil blends to do a Chakra-Balancing session, have a "Goddess Guide You" mini-reading, and receive a goodie bag.

**Sunday, Jan. 17**

1-4 pm

Fee: \$40 (\$35)

## SISTER GODDESSES

**CATHERINE MACLEAN**

Sisters, those of birth and those by choice, play an integral role in any woman's soul journey: Inanna and Eriskagal; Morganna and Elaine; Isis and Nephthys; Mary Magdelene and Martha. What do these Goddess sisters teach us about the gifts we bring to and receive from our sister relationships? Using visioning and story telling you will gain insight into how the "sisters" in your life challenge or support you emotional, physically and spiritually?

**Saturday, Mar. 13**

1-3:30 pm

Fee: \$30 (\$25)

## WICCAN CIRCLE

**TINA COOKE**

Honour this form of the earth-based spirituality and explore different Goddess-centred pantheons. Discussions include the wheel of the year, the eight high holidays (including solstices/equinoxes), cycles of the moon and more.

**Tuesday, Jan. 26, Feb. 23, Mar. 30, April 27**

7-9 pm

Fee: \$15 (\$10) each

## YOUR BODY AS AN EXPRESION OF THE DIVINE FEMININE

**C. MACLEAN**

The Goddess is reflected in all her daughters so every time you "dis" your body or go into "should" mode you are dishonouring your birth-right - an intimate and innate connection to the divine feminine. As we shift consciousness it is imperative that we embrace each other and ourselves because the body you chose IS the one needed for your soul journey in this incarnation. Learn to embrace the Embraceable You @

**Sunday, Feb. 28**

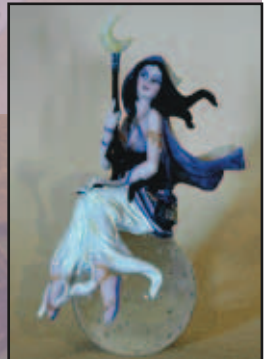
1-3:30 pm

Fee: \$30 (\$25)

**Scrying  
Mirror  
\$49.95**



**Wiccan Priestess  
Bubble Rider  
\$18.95**



**Cauldron \$21.95**



**Goddess  
Moon  
Earrings  
or  
Pendant  
\$19.95**

"YOU MAY NOT HAVE GONE WHERE YOU INTENDED TO GO,  
BUT YOU WILL END UP WHERE YOU INTENDED TO BE."

# MYSTIC ARTS

## **CELTIC SHAMANISM - AN INTRODUCTION**

**KELLEY GASPAR**

Explore the ancient world of the Celtic shaman as you travel through the Celtic Tree/Lunar Calendar, examine the meanings & uses of the Ogham alphabet and learn to celebrate the wheel of the year with Celtic deities.

**Sunday, Mar. 14**

1-4 pm

Fee: \$35 (\$30)

## **PSYCHIC DEVELOPMENT PROGRAM – LEVEL I**

**FAY**

Do you have a highly developed intuitive side? Do you ever have unexplained experiences? Through instruction, exercises, and meditation you will learn how to develop your psychic abilities. You will practice readings, psychometry, channeled writing, mental telepathy and connecting to a guide.

**Wednesday, March 10 to 31**

7-10 pm

Fee: 4 Classes : \$120 (\$100)

## **MAGICKAL LANGUAGE OF BIRDS**

**CATHERINE MACLEAN**

Through the ages and cross-culturally birds and their feathers have been used as oracles and for guidance. They are also seen as messengers between the worlds of spirit and matter. Join us to explore the stories, symbolism and superstitions of birds & discover which one you are most aligned with. Catherine is also a certified Falconer.

**Saturday, March 6**

1-3:30 pm

Fee: \$30 (\$25)

**Owl Notebook \$12.95**



**Owl Pendant \$19.95**

## **MAYAN MYSTERIES**

**TINA COOKE**

What are the Mayan elders saying about the galactic shifts that are now upon us? How are these energies affecting us spiritually, mentally & physically? What divination technique is still used today to help them tune in with the vibrations of the cosmos? Join us to learn this as well as their history, what they knew about the solar system, their spiritual beliefs, how to read the calendar and more.

**Sunday, Apr. 11 & 25**

Noon-4 pm

Fee: 2 Classes: \$100 (\$80)

## **RUNE MYSTERIES**

**KELLEY GASPAR**

The cultural symbolism & mystical power of runes have been used for communication, inspiration, guidance & prophecy since the times of Odin & the Vikings. In this course you will learn about the history & meaning of each rune and discover how to tap into their energy, insight & wisdom. Manual included.

**Sunday, Feb. 7**

1-4 pm

Fee: \$35 (\$30)

## **TAROT MAGICK CIRCLE**

**LEILA VEY**

When two or more gather to focus their intent, the power increases exponentially. Join us as we use tarot, meditation and other tools to create the magic of attraction. The focus each month will be different, from attracting abundance, love/partnership, or a better job, to healing, releasing blockages, or creating shifts in consciousness.

**Tuesday, Feb. 2, Apr. 6**

7-8 pm

Fee: \$15 (\$10)

# FOCUS ON LOVE



**Chinese Feng Shui LOVE**  
Hand Carved Jade Luck Charm  
\$7.95



**Love Bracelet \$9.95**



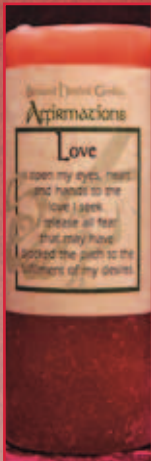
**Love Spell Box \$24.95**



**Love Oracle Cards**  
\$21.95



**Love Spells \$14.95**



**Candle \$11.95**



**Little Love Oracle \$14.95**



**Attract Love CD**  
\$18.95



**Rose Quartz Bracelets \$9.95 - \$16.95**



**Passion Candle**  
\$12.95



**Love Candle**  
\$9.95



**Colour Bath**  
\$3.95

"FAITH REQUIRES THE COURAGE TO ACCEPT THAT WHATEVER HAPPENS IS FOR THE HIGHEST GOOD."

# YOGA

## HATHA YOGA

**JILL SNAPE**

Align and integrate your energy bodies with that of the earth by learning yogic philosophies and practicing basic postures, proper breathing, sound expression for chakra balancing and muscle releasing, and simple meditation and visualization techniques for harmony and relaxation. No experience necessary. Bring a mat.

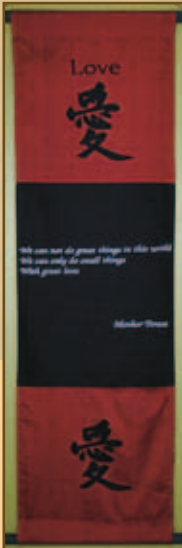
**Monday, Jan. 18 to March 29** 7-8:15 pm Fee: 10 Classes: \$130 (\$120)

## KUNDALINI (TEN BODY) YOGA FOR BEGINNERS

**KIM BURNS**

Ten Body Yoga includes warm-up, kriya (sequenced exercises designed for specific purposes), relaxation and meditation. This form of yoga is beneficial for all body types and supports physical & spiritual health. Dress comfortably and bring a mat. *(No class Feb. 14)*

**Sunday, Jan. 24 to Mar. 28** 9:30-11 am Fee: 9 Classes: \$117 (\$112.50)

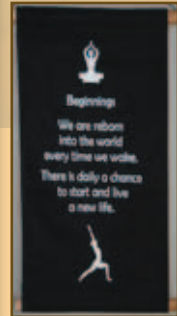


**Meditation Goddess  
Candle Keeper \$12.95**



**Inspirational  
Banners**

Lg. \$29.95  
Sm. \$14.95



**Miniature Yoga Statues  
\$4.95 each**

"YOU HAVE TO LEAVE THE CITY OF YOUR COMFORT AND GO INTO THE WILDERNESS OF YOUR INTUITION TO DISCOVER YOURSELF."

# REIKI CENTRE

## ANIMAL REIKI

FAY

Animals love Reiki and in this class you will learn some of the different hand positions that can be used to administer healing to them. Learn how to intuitively communicate to find out the animal's needs & assess the situation. Small pets may come to the class with prior approval (call the store). Handouts. Pre-requisite: Reiki 1.

Friday, April 23 & 30



7-10 pm

Fee: 2 Classes: \$60 (\$50)

## REIKI - LEVEL I

FAY

Learn about the history of Reiki, the aura, and how to sense it, and the Usui hand positions, as well as how to give Reiki treatments to yourself and others; administer group Reiki healings; scan for and remove energy blocks; and use Reiki on animals and plants. Fees include a manual, meditation exercises, and attunements.

Friday, Jan. 15 & 22 or Apr. 9 & 16

7-10 pm

Fee: 2 Classes: \$120 (\$100)

## REIKI - LEVEL II

FAY

This course will include the second degree symbols and their use in treatments; in harmonizing spaces; clearing crystals, and more. You will learn distance healing; how to use a pendulum to detect energy blocks, and measure the state of the chakras. Fees include a manual, attunements, meditation exercises, and practical experience.

Friday, Mar. 12 to 26

7-10 pm

Fee: 3 Classes: \$175 (\$150)

## REIKI - LEVEL III

FAY

At Masters level you will learn the attunement process and accompanying symbols. You will discuss the fundamentals of developing a Reiki practice and course of study, learn about karma, and be introduced to crystal healing. You will participate in hosting a Charity Healing Day and complete 10 case studies. Call for Dates

7-10 pm

Fee: 3 Classes: \$330 (\$300)

## REIKI PRACTITIONERS NIGHT

FAY

Meet once each month with other Reiki practitioners to share knowledge, techniques, ideas, and enjoy the benefit and practice of group healings.

Tuesday, Jan. 19, Feb. 16, Mar. 23, Apr. 20

7-9 pm

Fee: \$10 (\$5) each

## REIKI HEALING TREATMENTS - CHARITY FUNDRAISING DAY

Enjoy the benefits of a balancing energy treatment by qualified Reiki volunteers. All proceeds are donated to the local charities that we support.

Sunday, March 21

One-hour appointments.

Fee: \$30 (\$25)



Chakra Candles \$9.95 each

"SEEK NOT TO CHANGE THE WORLD, BUT CHOOSE TO CHANGE YOUR MIND ABOUT THE WORLD."

# REIKI CENTRE

## REIKI & INTUITION – LEVEL I

**COLLEEN JANIK**

Based on traditional Japanese Usui Reiki healing techniques, you will learn about the chakras & how to use the Universal Life Force Energy to clear & balance them. You will be attuned to two reiki symbols, & discover how it is possible to use your intuition to obtain guided messages & past life information. The use of crystals & other vibrational aids to align frequencies and enhance Reiki energies will be introduced. Manual.

**Saturday, Mar. 20**

10 am–5:30 pm

Fee: \$120 (\$100)

## REIKI & INTUITION – LEVEL II

**COLLEEN JANIK**

In this class you will be attuned to one Reiki symbol & one non-Reiki symbol (intuition-enhancing Buddhist symbol). You will learn about the aura, how to do distance healing, how to clear unwanted energies and how to use crystals & other vibrational aids. You will see how to work with guides, angels, masters & totems to receive messages. Pendulum assessment of the chakras will also be taught. Manual.

**Saturday, Jan. 23 or Apr. 17**

10 am–5:30 pm

Fee: \$175 (\$150)

## REIKI & INTUITION – LEVEL III

**COLLEEN JANIK**

At this level you will learn about the endocrine system & kundalini energy as well as how to teach Reiki & give attunements. You will also be attuned to the two Reiki symbols required to be a Reiki Master and also attuned to one non-Reiki symbol. Lessons on living a Master's lifestyle, connecting to the highest sources, intuitive crystal use, & vibrational healing methods will be discussed in more detail. Manual.

**Saturday, Feb. 20**

10 am–5:30 pm

Fee: \$330 (\$300)



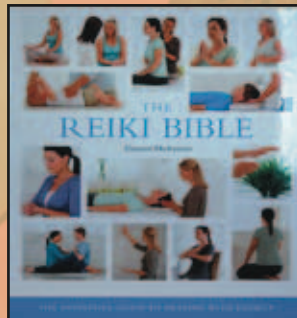
Chakra Layout Kit \$22.95



Gemstone Chakra Pendant \$50.00



Reiki Power Stones \$4.95



Reiki Bible \$19.50

# FOCUS ON PROSPERITY



Candles: Prosperity, Success, & Blessing Kit \$8.95 - \$9.95



Good Fortune Soy Candle \$9.95

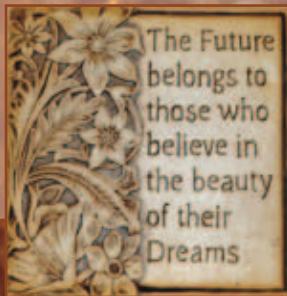
Heart's Desire or Prosperity Spray \$17.95



Chinese Feng Shui Prosperity Charm \$17.95



Piggy Bank \$19.95



Inspirational Plaque \$12.95

Jade Prosperity Charm \$7.95

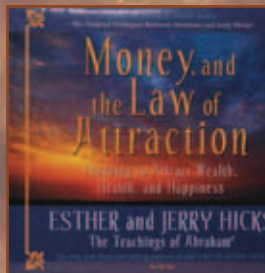


Attract Money Ink \$7.95

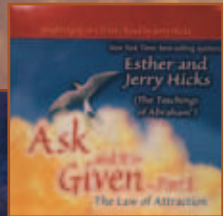


Citrine Pendant \$19.95

Citrine Clusters \$57.95 - \$89.95



Money, and the Law of Attraction CD \$40.95



Ask and it is Given CD \$24.95

The Law of Attraction Basic Teachings of Abraham CD \$28.95



"YOU ARE CONSCIOUSNESS THAT HAS BECOME CONSCIOUS OF ITSELF."

## CALENDAR SUMMARY BY MONTH

### JANUARY

- 12 - SPIRITUAL DEVELOPMENT CIRCLE
- 13 - DISCOVERING & HEALING  
EMOTIONAL/ENERGY BLOCKS
- 14 - SPIRITUAL DEVELOPMENT - LEVEL II
- 15 - REIKI
- 16 - CELESTIAL AWAKENINGS
- 17 - GODDESS PLAYSHOP
- 18 - HATHA YOGA
- 19 - REIKI PRACTITIONERS NIGHT
- 23 - REIKI & INTUITION – LEVEL II
- 24 - KUNDALINI YOGA
- 24 - AUTHOR VISIT – ALLAN GREEN
- 24 - ZENITH OMEGA
- 26 - WICCAN CIRCLE
- 30 - SPIRITUAL HYPNOSIS – LEVEL I
- 30 - WHY ARE YOU HERE?
- 31 - VISION BOARD
- 31 - BUDDHIST MEDITATION PROGRAM

### FEBRUARY

- 2 - TAROT MAGICK CIRCLE
- 3 - AURAS & CHAKRAS
- 6 - OPENING DOORS TO HIGHER  
CONSCIOUSNESS
- 7 - RUNE MYSTERIES
- 9 - SPIRITUAL DEVELOPMENT CIRCLE
- 13 - AUTHOR VISIT – OWEN WILLIAMS
- 13 - MISSING SOUL LINKS
- 13 - LEMURIAN HEALING CIRCLE
- 14 - MINDFULNESS – LIVING EACH  
MOMENT OF YOUR PERFECT LIFE
- 16 - REIKI PRACTITIONERS NIGHT
- 20 - REIKI & INTUITION – LEVEL III
- 21 - WAND WORKSHOP
- 23 - WICCAN CIRCLE
- 24 - SACRED SOUL SOUND HEALING
- 27 - UNDERSTANDING GNOSTICISM
- 27 - WHY ARE YOU HERE?
- 28 - YOUR BODY AS AN EXPRESSION  
OF THE DIVINE FEMININE

### MARCH

- 2 - SHAMANIC SOUL AWAKENINGS
- 3 - EXTRATERRESTRIAL AWARENESS
- 6 - MAGICKAL LANGUAGE OF BIRDS
- 7 - MEDICINE BAG
- 10 - PSYCHIC DEVELOPMENT LEVEL I
- 12 - REIKI – LEVEL II
- 13 - SISTER GODDESSES
- 13 - LEMURIAN HEALING CIRCLE
- 14 - CELTIC SHAMANISM
- 16 - SPIRITUAL DEVELOPMENT CIRCLE
- 20 - REIKI & INTUITION – LEVEL I
- 21 - REIKI CHARITY DAY
- 23 - REIKI PRACTITIONERS NIGHT
- 27 - AUTHOR VISIT –  
MARGARET HEFFERMAN
- 27 - TRANSFORMATIONAL WORK OF  
JOSEPH CAMPBELL
- 27 - WHY ARE YOU HERE?
- 28 - EFT – EMOTIONAL FREEDOM  
TECHNIQUE
- 30 - WICCAN CIRCLE

### APRIL

- 1 - GEOPATHIC STRESS
- 6 - TAROT MAGICK CIRCLE
- 7 - MEDITATION FOR BEGINNERS
- 9 - REIKI
- 10 - LEMURIAN HEALING CIRCLE
- 11 - MAYAN MYSTERIES
- 13 - SPIRITUAL DEVELOPMENT CIRCLE
- 17 - REIKI & INTUITION – LEVEL II
- 18 - SMUDGING WORKSHOP
- 20 - REIKI PRACTITIONERS NIGHT
- 23 - ANIMAL REIKI
- 24 - HEALING THE HUMAN BIO-  
ENERGETIC FIELD
- 24 - WHY ARE YOU HERE?
- 27 - WICCAN CIRCLE





# ODYSSEY BOOKS

109 Old Kingston Road, Unit 15,  
Ajax, ON L1T 3A6

## MONTHLY MEMBER SPECIALS

Exclusive Member Offers for Winter 2010!  
Mention these specials for great savings.

10% off  
a PURCHASE  
in January

10% off  
MUSIC  
in February

10% off  
BOOKS  
in March

You get 10% off  
DIVINATION DECKS

What  
about  
APRIL?

LET'S  
GO!

Discounts are for in-stock merchandise only; not valid on special orders or layaways.