

ODYSSEY BOOKS

CALENDAR OF EVENTS - FALL/WINTER 2012-13

READERS

AKASHIC RECORD READING (30 minutes by phone) Mary D'Agostino

Mary uses her clairvoyant abilities & counseling skills to guide you on a journey into your Akashic records and access information that pertains to questions & concerns in your life now. Gain direction, clarity, purpose, & insight and understanding.

By Appointment \$45*

ANGEL CARD READING (60 minutes; taped) Kathy Ong

As an Angel Therapy Practitioner certified by Doreen Virtue, Kathy is able to connect with your angelic guides & Archangels to share their insight.

Saturday, Oct. 6, Nov. 3, Jan. 5, Feb. 16 \$65 (\$55) *

ASTROLOGY READING (60 minutes; taped; with Birth Chart) Dan Mischuk

What does the geometry of the sky reveal about you? Make an appointment to have a custom astrology chart created that includes a full interpretation and predictive forecast.

By Appointment. \$75 (\$65)*

AURA PORTRAIT READING (45 minutes; taped; pastel aura portrait included) Reign

The aura is an energy field that radiates around & throughout your physical body. This unique pattern of colours illustrates your higher purpose as it relates to your family, relationships, career, health & life events.

Sunday, Oct. 7, Nov. 11, Jan 6 \$60 (\$50)*

CLAIRVOYANT MEDIUMSHIP READING (60 minutes) Rev. Joe Brown

Rev. Joe will bring a spirit entity forward and relay that which they have to say. He will also share the messages he receives about potential situations in your future or give guidance on a life situation with which you need assistance.

Saturday, Oct. 13, Nov. 17, Dec. 1, Feb. 2 \$85 (\$75)

INTUITIVE TAROT READING (60 minutes) Leila Vey

Leila uses a variety of spiritual & intuitive gifts to offer clarity, direction and guidance to your relationships, challenges and circumstances. She is the author of "Tarot of Timeless Truth" deck & book.

By Appointment \$75 (\$65)*

LIFE PATH TAROT READING (60 minutes; recorded) Heather Hill Gibson

Working with your guides & ancestors, Heather shares insights from you past (issues to work out in this life); present (what is happening now, including an understanding of your personality, shadows, talents, & purpose); and future (cycles of lessons & opportunities).

Sunday, Oct. 21, Dec. 2, Feb. 3 (also Mondays) \$85 (\$75)*

PAST LIFE & SPIRITUAL JOURNEYS (90 minutes) Allan Green

This is not a reading but an unforgettable spiritual journey of self-discovery. As part of every session you will remember 3-4 of your other lives and/or levels of existence as well as meet with your spirit guides & if you wish, communicate with loved ones who have passed over. Since Allan has the unique ability to see & feel these experiences with you, he will gently guide you every step of the way. There is no hypnosis.

Sat. & Sun. Oct. 20 & 21, Dec. 8 & 9, Jan. 19 & 20, Feb. 23 & 24 \$160 (\$115)*

PERSONAL SPELL WORK Catherine MacLean

Using the powers of the Elements, the Devic kingdom, the Moon & Celestial Bodies with the energies of the Ancestors, the Angelic Realm & the archetypes of the God/desses, Catherine will meet with you to create a personalized program designed to assist in supporting areas of your life experience. These could include career, money, relationships, health, family, addictions, and release of non-beneficial energies.

Initial Consultation 30 minutes \$38 (\$33) Preparation, Supplies & Spell work \$90 (\$80)*

Sunday, Oct. 14, Nov. 18, Dec. 16, Jan. 20, Feb. 17 (also Tues/Fri)

PSYCHIC READING (60 minutes, taped) Dorothy Clifford

Using her natural abilities as a psychic & medium, Dorothy connects with your personal guides, loved ones & the Archangels to provide you with guidance, comfort and insight.

Saturday, Nov. 10, Dec. 15, Jan. 12, Feb. 9 \$70 (\$60)*

PSYCHIC READING WITH CARDS (60 minutes, taped upon request) Brenda Thyne

In this enlightening and empowering reading, Brenda connects with your guides, angels, fairies and loved ones who have crossed over to provide inspiring messages that will support you in living your highest truth while maximizing your potential.

Sunday, Sept. 30, Nov. 4, Dec. 9, Jan. 27, Feb. 24 \$85 (\$75)*

SOUL EMPOWERMENT PSYCHIC READING (30 minutes by phone) Mary D'Agostino

Mary combines her clairvoyant, intuitive abilities with spiritual counseling skills, to provide empowering insight on your relationships, health, career, finances, life purpose & destiny. In addition, you will align to your soul self, release blocks & heal issues that are limiting the manifestation of your desires.

By Appointment \$45*

TAROT AND RUNE CARD READING (60 minutes) Catherine MacLean

Using her expertise as a teacher, mythologist & storyteller, this reading will focus on the "story" of your life and highlight the "chapters" that are most important to you right now. Catherine works with ascended masters, guides, angels, fairies and your ancestors to clarify the messages received. She also creates a personalized "talisman" during the session to support your transitions.

Sunday, Oct. 14, Nov. 18, Dec. 16, Jan. 20, Feb. 17 (also Tues/Fri) \$75 (\$65)*

TRANCE CHANNELLING (60 minutes) Rev. Joe Brown

During this reading Rev. Joe will permit a guide or loved one to enter his body so you can inquire about life situations that require clarification. After the trance session is complete Rev. Joe & his assistant will review the highlights of what transpired between you and the spirit entity.

Saturday, Oct. 13, Nov. 17, Dec. 1, Feb. 2 \$120 (\$100)*

VISIONING (60 minutes) Catherine MacLean

All creations are thoughts that were imagined before they were made manifest. In this powerful session, Catherine will connect you with masters & guides of the inner planes to create the vision you want for your life. She will then guide you in aligning this vision with your reality.

Sunday, Oct. 14, Nov. 18, Dec. 16, Jan. 20, Feb. 17 \$75 (\$65)*

THE WHEEL OF LIFE DESTINY READING (90 minutes; natal chart; handouts; written notes) Anna Berk

Using a combination of Numerology, Astrology & the ancient art of the Tarot, Anna taps into her intuition & spiritual wisdom to discuss your soul mission, strengths, abilities, challenges and life lessons, offering you a deeper understanding of your life's transitions – past, present & future.

Sat. Sept. 29 & Sun., Nov. 25, Jan. 13, Feb. 10 (also Weekdays & Evenings) \$95 (\$85)*

A one-hour Tarot reading is also available for \$65.

HEALERS

CRYSTAL HEALING WITH REIKI (60 minutes) Joy Buckley

Joy combines the universal energy of Reiki with the crystalline energy of gemstones to relax & balance your physical, emotional & mental bodies while clearing blockages from your chakra centres. By

Appointment \$70 (\$60)*

ENERGY HEALING (60 minutes) Brenda Thyne

Whether you required chakra balancing, meridian clearing, cord cutting, emotional release or just an overall healing; Brenda connects to the highest realms of Archangels and Ascended to provide you with messages as she treats you with Reiki & Pranic Healing modalities.

Sunday, Sept. 30, Nov. 4, Dec. 9, Jan. 27, Feb. 24 \$85 (\$75)*

HOUSE CLEARING & BLESSING (60-75 minutes, includes supplies) Joy Buckley & Melba West

Both land & structures are imprinted with energies from activities, incidents, and human interaction. If you are trying to sell your house; have just moved; or are going through a major transformation in your life it is essential that you clear & transmute your personal space. Joy & Melba will analyze the energetic matrix of your home; release & transmute non-beneficial energies; and then perform a formal blessing to recharge the space. By Appointment \$150 (\$125)*

Additional time is charged at the rate of \$50 per half hour. Travel fees apply for locations that are further away. This service is also available for offices, restaurants & retailers.

HEALING SPA PACKAGE – 5 in 1 (90 minutes) Cathryn Green

This complete package is sequentially combined to help release, realign & rejuvenate. A *Chi Machine* session will work the lymph & muscles. The *Ionic Foot Bath* will remove non-beneficial toxins from the body. Then while lying on an *Amethyst Bio Mat* (28 pounds of heated crystals to soothe & relax) you will have a healing *Reflexology* treatment, followed by a mini *Zenith Omega* session & life coaching tips.

Saturday, Oct. 20, Dec. 8, Jan. 19, Feb. 23 \$140 (\$125)*

INTUITIVE REIKI & CHAKRA BALANCING (60 minutes; recorded) Colleen Janik

Universal life force energy will be used to harmonize your physical, mental, emotional & spiritual state of health. In addition, your chakra centres will be cleared & balanced. Although this is not a reading, Colleen's abilities as an intuitive & medium will bring through messages from your angels, guides and soul family, to support your spiritual growth. Communication from crossed over loved ones, past life issues & animal totems are also possible.

By Appointment. Tuesdays & Wednesdays \$80 (\$70)*

INTUITIVE SOUL COACHING Linda Lee Purvis

Together we will co-create a plan to identify & dismantle limiting beliefs/personal obstacles in order to reveal your authentic self, re-claim your personal power and identify your life purpose. In addition to 4 weekly one-hour phone sessions, the fee includes a free pre-phone consultation/assessment as well as regular email communication & support.

By Appointment \$260 (or 2 payments of \$140)

An Introductory/Sample Session (credited towards full session) is also available. \$40

MASSAGE WITH REIKI & REFLEXOLOGY (60 minutes) Janiece Henderson

After enjoying a Reiki infused, stress-relieving back; neck and shoulder massage you will receive a heavenly Reflexology foot treatment. Acupressure combined with Reiki helps to restore health & vitality by releasing blockages. Janiece is a RMT so receipts can be issued for your health plan.

By Appointment. Mondays & Wednesdays \$75*

REFLEXOLOGY (60 minutes) Kelley Gaspar

Enjoy the re-vitalizing benefits of this ancient healing practice. Remove stress and promote systemic healing and proper circulation. Kelley's unique touch, combined with subtle energy techniques allows you to relax and return to a holistic way of being.

By Appointment \$60 (\$50) (Seniors & Students 20% discount)

REFLEXOLOGY WITH REIKI (60 minutes) Lisa Parker

The reflex points found on the soles of your feet provide gateways to the body's organs, glands & muscles. Acupressure combined with Reiki helps to restore health & vitality by releasing blockages that may be inhibiting energy flow. The relaxing session finishes with an aromatherapy foot massage.

By Appointment \$60 (\$50)

REIKI WITH ENERGY CLEARING (90 minutes) Fay

Reiki can assist in the healing process by removing blockages caused by internal & external energies. In addition, this session may also help you make an intuitive connection to the wisdom of your inner child. By Appointment. \$85 (\$75)*

SPIRITUAL COUNSELLING (60 minutes) Fay

The guidance you receive is channelled to Fay from your Higher Self and will help to support the personal & spiritual issues that may be limiting the full expression of your life experiences.

By Appointment. \$55 (\$45)*

SPIRITUAL PSYCHOTHERAPY (60 minutes) Howard Race

The choices you make have a direct impact on your life experiences. By expanding your awareness to identify & eliminate non-beneficial behavioural patterns (like anxiety, depression, boredom, anger, envy, etc.), you'll be able to make empowered decisions to bring harmony, fulfillment & a sense of purpose into your life. (Fee is negotiable according to income).

Thursdays. By Appointment. \$85 (\$75)*

ZENITH OMEGA (90 minutes) Cathryn Green

In this transformational session you will receive the healing and aligning benefit of Pleiadian Light Colour Frequency & Sacred Geometry to restore your original DNA Blueprint and Light Body as you release emotional blocks, imbalances and dis-ease from all Times, Levels and Dimensions.

Saturday, Oct. 20, Dec. 8, Jan. 19, Feb. 23 \$100 (\$85)*

COURSES

2012 – DAWN OF A NEW FREQUENCY Catherine MacLean

This is such a magical time of year - celebrating the birth of the Divine Son & the Goddesses with whom he walked. It is when we embrace the light & love of Apollo, Lugh, Balder, Horus, & Jesus as well as the renewing energy of his opposite, the resurrected Pluto, Arawn, Osiris, & Christos. This is also a unique time in our evolution when we welcome and anchor the transformational energies of the 12-21-12 planetary shift; as life-giving energies of our sun (son) aligns with the centre of our galaxy. A sacred moment when the music of the spheres harmonize their vibration into one-song (uni-verse).

Thursday, December 20 7-9:30 pm \$48 (\$39)

ACCESSING THE POWER OF YOUR HIGHER SELF Dan Mischuk

Your higher self knows your past, present and probable future from an expanded perspective. Use deep relaxation techniques to enhance your psychic sensitivity, improve dream recall & interpretation, eliminate restrictions, understand past life connections, connect with the akashic records & discover life purpose.

Sunday, Jan. 6, 13, 20 1-3 pm 3 Classes \$70 (\$60)

ANIMAL SPIRIT GUIDES Fay

Who is your animal spirit guide and how does it influence, protect & help you? In addition to an in class discussion, you will participate in a drum journey meditation that will guide you to the Lower World of Shamanic beliefs so you can meet & interact with your power animal.

Thursday, February 14 7-10 pm \$25 (\$30)

ARCHANGEL THERAPY Kathy Ong

A certified Angel Therapy Practitioner, Kathy will introduce you to the different Archangels & teach you how to work with them. You will use cards to receive messages, learn Angel Therapy Techniques and participate in a meditation with Archangel Michael. To honour International Angel day, a portion of the proceeds will be donated to Ronald Macdonald House.

Saturday, September 8 1-4 pm \$35 (\$30)

ANGEL READINGS - 15 minutes for \$15 (prepaid, by appointment only)

ASTROLOGY 101 Dan Mischuk

Astrology is an amazingly accurate and insightful tool that is used to see how the shifting energy patterns of the cosmos affect your life. In this course you will learn how to analyze your natal birth chart (included) and then focus on predictive astrology. You will discover the meaning of the planets, sun, moon, moon nodes, asteroids and astrological signs as well as transits, solar returns, and the interactions between them.

Saturday, Feb. 2 & 9 1-4 pm 2 Classes \$70 (\$60)

ASTROLOGICAL PREDICTIONS FOR 2012 & BEYOND Dan Mischuk

For the past 30 years we have been living through a time of spiritual awakening accompanied by a mass shift in consciousness. The pinnacle of this period of transformation is on December 21, 2012 when our sun aligns with the centre of the galaxy. Join Dan as he shares his thoughts and predictions about current world events, economic fluctuations, and the planet's evolution.

Saturday, Oct. 6 1-3:30 pm (\$25)

BELLY DANCING Shalayna Allen

Belly dancing is a 2000 year old traditional Middle Eastern dance that is a fun way to relieve stress; express your femininity; and gain a firm, graceful, more flexible body with improved muscle control & posture. In each class you will learn a new movement (i.e. shimmies, isolations, undulations) and end with a choreographed routine. Bring a hip scarf.

Thursday, Sept. 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 8 6:30-7:30 pm 8 Classes \$120 (\$100)

BUDDHIST MEDITATION B. George Blake, PhD CHANGE START DATE

This course is for training in mental fitness. George's background in clinical psychology combined with training as a *bhikkhu* (Buddhist Monk), and decades of study & practice in Buddhist meditation enables him to pass on skills for handling stress, anger, anxiety and egotism (a human condition that distorts the natural laws of interdependence). A Manual (\$12.95 value) is included.

Sunday, Nov. 11, 18, 25, Dec. 2, 9, 16 4:30-6 pm 6 Classes \$60 (\$50)

CALLING IN THE ONE Kerrie Nielsen

This introductory session is based on the best selling book by Katherine Woodward Thomas. You will learn how to identify & release inner obstacles & patterns of the past to become energetically aligned to the right partner and create your perfect relationship. Visit www.odysseybooks.com/soulmate for a complete course outline.

Wednesday, Feb. 6 \$15 (\$12)

CHANNELLING Fay

In this unique workshop you will have the opportunity to learn more about channeling and practice accessing information through your Higher Mind. While in this relaxed state, you may also receive intuitive messages from the instructor or ones to share with your classmates.

Wednesday, September 5 7-10 pm \$35 (\$30)

CHANNELLED WRITING CIRCLE Fay

Are you interested in practicing your skills as a channel to the higher realms? If so, join us for an evening where you will practice giving and receiving verbal & written messages from Spirit. Bring paper and a pen.

Tuesday, Oct. 16 & Jan. 15 7-9 pm \$15 (\$10) each

CRYSTALS & STONES 101 Joy Buckley

Throughout history humans have always had a fascination with the Earth's treasures? Join us for a general introduction to the metaphysical & healing properties of a variety of popular gemstones & minerals and discover which ones might be most beneficial to you.

Monday, September 24 7-10 pm \$35 (\$30)

CRYSTAL HEALING FOR ANIMALS Joy Buckley

Discover how the healing power of crystals can be used to enhance the well being of our furry, feathered or scaly family members. You will also learn how to use crystal grids & elixirs to alleviate problems caused by trauma, grief, allergies, stress, aches & pains, surgical recovery, and more.

Thursday, February 28 7-10 pm \$35 (\$30)

DISCOVERING & HEALING EMOTIONAL/ENERGY BLOCKS Fay

As we heal, we release the blocks that inhibit our growth so that more light (and love) can enter into our lives. By combining spiritual awareness & knowledge with practical techniques you will discover the areas in your life that need to be healed & balanced and learn different methods to identify & resolve your "issues".

Thursday, Oct. 4, 11, 18 7-10 pm 3 Classes \$85 (\$75)

DREAMCATCHER WORKSHOP Melba West

Like the complex beauty of a spider's web, the intricate weaving of a dreamcatcher is used to capture one's good dreams and release the "bad" ones to the morning light. In this hands-on workshop you will learn the traditions around this native legend as you create your own beautiful dreamcatcher to take home. All materials included.

Sunday, September 16 1-4 pm \$40 (\$35)

ETS & STARBEINGS Fay

Do you believe in life on other planets or in alternate galaxies? If beings from "beyond" have visited our planet; why have they come, what do they have to offer and why do we resist believing in their existence? A guided meditation offers the opportunity to be reunited with space beings from your past. Wednesday, November 28 7-10 pm \$30 (\$25)

FAERY/CELTIC SHAMANISM PROGRAM – COHORT IV Catherine MacLean

Through discussion, exercises and meditation you will explore Celtic myths, Gods & Goddesses; work with the seven directions & three planes; connect with ancestors and study with Fairies. You will also learn about sentinels, shape shifting, animal and bird totems, scrying, runes and ogham/sacred trees, sacred lands & symbols, the Celtic lunar calendar, ritual, healing & sensing energy shifts and forms.

Sunday, October 14 1-3:30 pm \$38 (\$33)

Cohort III – Monday, Oct. 15, Nov. 19 & Dec. 17 7-8:30 pm \$30 (\$27)

Cohort IV – Thursday, Nov. 22, Dec. 13, Jan. 24, Feb. 21 7-8:30 pm \$30 (\$27)

FLOWER REMEDIES Kelley Gaspar

The amazing benefits of using flower remedies were made popular by Dr. Bach in the late 1800s. In this fascinating class you will learn the history; applications (stress, self esteem, focus, allergies, & more); proper use & dosage; blending; & even how to infuse your own remedies. Treat yourself & family members, pets and even your plants. Manual included.

Sunday, November 4 11:30 am-5:30 pm \$ 70 (\$60)

FREESTYLE TAROT Leila Vey

Learn how to intuitively understand the messages in tarot or oracle cards using Leila's fun and easy freestyle reading technique. No experience necessary. Bring a deck if you have one.

Monday, October 22 7-10pm \$35 (\$30)

GLOBAL MEDITATION CIRCLES Alison Mason

Fridays 7-9 pm \$25 (\$20) (bring a mat if you have one)

GANESH September 7

This popular Hindu elephant-headed God empowers us to remove obstacles as we invite opportunity & success into our lives. We will invite the energies of Ascended Master Ganesh into our meditation circle to receive healing, messages & blessings. The group will finish with an honouring, mantra & pose.

GODDESS October 19

Through meditation, chant, dance, pose & stance we will attune & empower our inner "Goddesses" to the realm of "The Goddess". You will receive messages & blessings as you experience who you are & who you can become. Finish with a Ceremonial tea & Goddess cards.

UNIVERSAL November 30

Honour Mother Earth, Father Sun, the Moon that guides our cycles, and the Stars that make us shine. You will start by balancing each chakra through Sun Salutation poses and then through meditation, you will receive messages on letting go, forgiveness, peace & stillness. Finish with a Ceremonial tea & Earth Mother cards.

NATIVE January 18

The teachings of the Native spirits can bring us to a place of surrender & understanding. Chanting the Cherokee Morning Song and connecting to the sacred Medicine Wheel will teach us how to honour our true essence every day and live as fully as we are meant to, rather than how we have been directed. Finish with a Ceremonial tea, smudging & Totem cards.

AFRICAN NAGO February 15

Dance, chant and connect with ancient energies of the 13 Grandmothers. Focus on the rising of kundalini energies to break free the bindings of limiting beliefs, cultural & religious suppression, and societal inequities. Reach out to complete a global circle of inner strength to support freedom & liberation. Finish with a Ceremonial tea & Women Spirit cards.

GREEK & ROMAN GODDESSES Catherine MacLean

All women embody the archetypal characteristics of Athena, Aphrodite, Demeter, Artemis, Hera, Hestia and Persephone. In this transformational workshop you will identify your Goddess strengths and explore aspects of yourself that may have been lost due to cultural or societal influences.

Sunday, November 18 & 25 1-3:30 pm 2 Classes \$70 (\$60)

HATHA RAJA/KUNDALINI YOGA Kim Burns

In this class you will practice Kundalini and Hatha yoga postures as well as meditation & breath work with a focus on self-reflection. You will also be introduced to specific postures you can practice on your own. All levels welcome. Dress comfortably & bring a mat. Drop-ins welcome (\$15 + tax per class)

Sunday, Sept. 16, 23, 30, Oct. 14, 28, Nov. 9:30-11 am 6 Classes \$90 (\$75)

Sunday, Nov. 4, 11, 18, 25, Dec. 2 & 9, 9:30-11 am 6 Classes \$90 (\$75)

Sunday, Jan. 6, 13, 20, 27, Feb. 3 & 10 9:30-11 am 6 Classes \$90 (\$75)

HOW TO MAKE CRYSTAL ELIXIRS – NATURE'S MAGIC POTIONS Joy Buckley

Dr. Masuru Emoto brought the magnifying properties of water to the forefront when he published photos of his scientific findings for the world to see. Water can be empowered with thoughts & words, music, and more. Crystal elixirs are another powerful way of imprinting water with the healing power of gemstones. In the class you will make a personalized elixir to take home.

Monday, February 11 7-10 pm \$35 (\$30)

INTRODUCTION TO DIVINE AROMATHERAPY & SOUND Gina Sky Tomé

Our ancient ancestors used the sacred frequencies of plant essences and sound as a "medicine" to connect to higher realms. You will explore the different passageways of your brain & body by participating in a meditation that combines your sense of smell with sound. A range of Young Living's therapeutic grade oils will be used to address issues such as grounding, anxiety, healing, purification, protection, ascension, surrender, peace and joy!

Monday, November 12 7-9:30 pm \$25 (\$20)

KARMIC CONTRACTS Fay

Challenges can occur in your life when the personality pattern & lessons created by your soul are combined with your Earth ego & personal karmic issues. Through instruction and a meditation that allows you to connect with the Lords of Karma, you will learn how to balance & harmonize these energies, which can often cause conflicts and challenges in your life.

Thursday, October 25 7-10 pm \$30 (\$25)

HEALING CIRCLE Fay

Energy healing is often more successful when it is amplified by a group of like-minded people. Come join our circle and add your energy as we send healings to each other as well as to those at a distance. If you cannot attend you are welcome to submit the names of friends and/or loved ones (including pets) who would benefit from this group energy. Please send us an email with the name, age and the city in which the person resides to mail@odysseybooks.com.

Tuesday, Oct. 9, Nov. 13, Feb. 12 7-8:30 pm \$15 (\$10) each

HOW TO MEDITATE Fay

If you have never meditated or would like to update your meditation skills, this class will introduce you different types of meditation as well as their purpose & benefits. Practice relaxing & relieving stress, bringing your attention into the moment, techniques for grounding & enhancing intuitive awareness & working with energy.

Wednesday, Jan. 9, 16, 23, 30 7-9:30 pm 4 Classes \$100 (\$90)

LANGUAGE OF THE GODS Lisa Parker

Sanskrit has been called Deva Lingua, or the Language of the Gods. Chanting mantras creates powerful vibrations to heal, manifest, balance, heighten consciousness and connect the divine. In this interactive workshop you will learn vocalization techniques, tone vowel sounds & participate in sacred Buddhist, Hindu, Christian, Hawaiian & Hebrew chant.

Monday, Nov. 26 & Feb. 11 7-9 pm \$ (\$22) each

LEMURIA REDISCOVERED Kelley Gaspar

Explore the impact and legacy that Lemuria has embedded deep within our DNA. Consider the mystical, social and archaeological trail of evidence that this ancient civilization has left. Reclaim your birthright and reconnect with your Lemurian lineage. Manual included.

Sunday, September 23 1-4 pm \$35 (\$30)

LUCK, LOVE & PROSPERITY Joy Buckley

Learn how to magnify your intentions & affirmations with crystals & candles to invite & enhance good fortune, loving relationships, harmony, balance, prosperity, and protection into your life. You will also create a personalized herbal incense to draw that which you want into your life.

Sunday, September 30 1-4 pm \$35 (\$30)

MANIFESTING CIRCLE Shalayna Allen

Practice using the laws of attraction, combined with focused intent and power visualization exercises to magnetize what you desire into your life. Utilize the strength of the group 's energy to accelerate the process.

Monday, Oct. 29, Jan. 28, Feb. 25 7-9 pm \$20 (\$15) each

PALMISTRY – YOUR PERSONAL LIFE MAP Kim Burns

Have you ever looked at the lines in your hand and wonder what they want to tell you. In this introductory workshop you will learn how to decipher the divine blueprints that are so clearly defined in your palms.

Saturday, January 12 1-4pm \$35 (\$30)

PSYCHIC DEVELOPMENT PROGRAM – LEVEL I Fay

Do you have a highly developed intuitive side? Do you ever have unexplained experiences? Through instruction, exercises, and meditation you will learn how to develop your psychic abilities. You will practice readings, psychometry, channeled writing, mental telepathy & connecting with a guide.

Thursday, Jan. 10, 17, 24, 31 7-10 pm 4 Classes \$120 (\$100)

PSYCHIC "VAMPIRES" Fay

Is there someone you know who seems to "zap" your energy? There are many factors that can affect your frequency including people, earth energies, negative thought forms & even perceived "curses". Learn how to release unwanted energies, protect yourself from attachments & strengthen your auric field.

Wednesday, December 5 7-10 pm \$35 (\$30)

READING ANGEL CARDS Kathy Ong

Doreen Virtue is the world's most published author on angels. As a graduate of her Training Program, Kathy will introduce you to a selection of Doreen's different card decks and teach you how connect with the angels; do simple layouts and interpret their meanings so you can do readings for yourself and others.

Saturday, November 3 1-4 pm \$40 (\$30)

REFLEXOLOGY – BODY, MIND & SOLE Kelley Gaspar

Reflexology is an ancient healing modality that is excellent for supporting your immune system, improving circulation and reducing stress. This hands-on course will introduce you to basic anatomy; foot conditions; common ailments & associated reflex points as well as finger & hand techniques. Bring 2 small towels. Mini manual included.

Sunday, February 3 11:30 am-5:30 pm \$70 (\$60)

REIKI PRACTITIONERS' CIRCLE Fay

Meet monthly with other Reiki practitioners to share knowledge, techniques, ideas and group healings.

Tuesday, Oct. 23, Nov. 20, Dec. 11 Jan. 22, Feb. 19 7-9 pm \$12 (\$7.50) each

REIKI – LEVEL I Fay

Learn about the history of Reiki, the aura & how to sense it, and the Usui hand positions, as well as how to give Reiki treatments to yourself and others, administer group Reiki healings, scan for and remove energy blocks and use Reiki on animals and plants. Fees include a manual, attunements, & practical experience.

Friday, January 4 & 11 7-10 pm 2 Classes \$120 (\$100)

REIKI – LEVEL II Fay

This course will include the second degree symbols & their use in treatments; in harmonizing spaces; clearing crystals & more. You will learn distance healing; how to use a pendulum to detect energy blocks & measure the state of the chakras. Fees include a manual, attunements, & practical experience.

Friday, Nov. 9, 16, 23 7-10 pm 3 Classes \$175 (\$150)

REIKI – LEVEL III Fay

At Masters Level you will learn the attunement process and accompanying symbols. You will discuss the fundamentals of developing a Reiki practice and course of study, learn about karma, and be introduced to crystal healing. You will participate in hosting a Charity Healing Day and complete 10 case studies.

Call for Dates. Fridays 7-10 pm 3 Classes \$330 (\$300)

REIKI & INTUITION – LEVEL I Colleen Janik

Based on traditional Japanese Usui Reiki healing techniques, you will learn about the chakras & how to use the Universal Life Force Energy to clear & balance them. You will be attuned to two Reiki symbols, & discover how it is possible to use your intuition to obtain guided messages & past life information. The use of crystals & other vibrational aids to align frequencies and enhance Reiki energies will be introduced. Manual.

Saturday, October 20 10 am-5:30 pm \$120 (\$100)

Saturday, January 19 10 am-5:30 pm \$120 (\$100)

REIKI & INTUITION – LEVEL II Colleen Janik

In this class you will be attuned to one Reiki symbol & one non-Reiki symbol (intuition-enhancing Buddhist symbol). You will learn about the aura, how to do distance healing, how to clear unwanted energies and how to use crystals & other vibrational aids. You will see how to work with guides, angels, masters & totems to receive messages. Pendulum assessment of the chakras will also be taught. Manual.

Saturday, November 17 10 am-5:30 pm \$175 (\$150)

Saturday, February 16 10 am-5:30 pm \$175 (\$150)

REIKI & INTUITION – LEVEL III Colleen Janik

At this level you will learn about the endocrine system & kundalini energy as well as how to teach Reiki & give attunements. You will also be attuned to the two Reiki symbols required to be a Reiki Master and also attuned to one non-Reiki symbol. Lessons on living a Master's lifestyle, connecting to the highest sources, intuitive crystal use, & vibrational healing methods will be discussed in more detail. Manual.

Saturday, September 22 10 am-5:30 pm \$330 (\$300)

Saturday, December 15 10 am-5:30 pm \$330 (\$300)

REIKI HEALING - CHARITY FUNDRAISING DAY

Enjoy the benefits of a balancing energy treatment by qualified Reiki volunteers. One-hour appointments.

Sunday, January 27 All proceeds are donated to the charities we support. \$30 (\$25)

SEANCES DEMYSTIFIED Rev. Joe Brown

Although many of you have heard of séances or seen them sensationally portrayed in a movie, did you know that their origin lies within the religion of Spiritualism? In this workshop you will learn the right & wrong ways of conducting a séance; what is required to set one up; and how to respectfully connect with the spirit world. You will also participate in a group demonstration.

Saturday, November 10 1-4:30 pm \$50 (\$40)

SHIFT INTO INFINITE POTENTIAL Colette Stefan

See how the Yuen Method™ can be used to eliminate energetic blocks that might be limiting your experiences with finances, relationships, health, career & life purpose. Colette will address specific Issues as well as clear the group as a whole.

Friday, October 26 7-9 pm \$15 (\$12)

SPELLWORKING WITH CANDLES Jillian Tredenick

Humans have always been fascinated by fire, and believed that it was gifted to them from the Gods. It is for this reason that flames/smoke were used to send messages to the Divine, in hopes that prayers & wishes would be honoured. In the class you will create sacred space to meditate and focus on that which you desire. Then you will inscribe, consecrate and anoint your candle (supplied), bringing your dreams & goals to reality.

Monday, January 21 7-9:30 pm \$30 (\$25)

SPIRITUAL DEVELOPMENT PROGRAM - LEVEL I Fay

Through teachings, guided meditations & discussions, this transformational course will introduce you to spiritual theories that can guide you in understanding who you are, why you are here, and how you can enhance your soul's journey. You will learn about your connection to the universal force that underlies all of existence; the energy laws that govern life; auras & chakras; spirit guides; past lives, psychic abilities & more. Handouts.

Wednesday, Sept. 12, 19, 26, Oct. 3, 10, 17, 24, Nov. 7, 14, 21 7-10 pm 10 Classes \$250 (\$225)

SPIRITUAL DEVELOPMENT CIRCLE Fay

Join us to meet with like-minded people, discuss topics of interest, participate in exercises to enhance your intuition/psychic abilities and experience the benefits of guided, group meditations. There is a different topic each month.

Tuesday, Sept. 4, Oct. 2, Nov. 6, Dec. 4, Jan. 8, Feb. 5 7-8:30 pm \$12 (\$7.50) each

TAI CHI – 24 YANG FORM Kelley Gaspar

Relax..breathe..flow..align. Daily practice of this simple routine will stimulate your Chi; increase your energy; strengthen your immune system; and balance your body, mind & spirit. You will learn stretching techniques, the Eight Strand Brocade and the associated movements. Dress comfortably.

Thursday, Sept. 13, 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 29, Dec. 6 7:45-9:00 pm 12 Classes \$144 (\$120)

TEA LEAF READING Rev. Joe Brown

Tea leaf divination is an ancient art practiced by many cultures throughout the world. In this hands-on class you will learn how to recognize and interpret some of the common symbols, what tea to choose, how to prepare the cup & practice giving readings. Bring a tea cup with you.

Saturday, October 13 1-4:30 pm \$50 (\$40)

TRANCE CHANNELLING Rev. Joe Brown

In addition to gaining insight through automatic writing, those in a lightly hypnotic trance state may also speak inspirationally or in tongue. You will learn how to establish boundaries with your doorkeeper/guide, set up a self induced trance with another and channel in a group setting.

Saturday, February 23 1-4:30 pm \$50 (\$40)

UNDERSTANDING YOUR DREAMS Kim Burns

Dreams provide amazing insight into the inner workings of your psyche and daily life. In the class you will learn how to unlock the secret messages of your dreams by understanding the archetypes and personal symbolism presented. You will also discuss & practice techniques for interpreting & working with dream messages. Bring a pen, notebook and your "dreams".

Saturday, September 15 1-4pm \$35 (\$30)

WICCA 101 Tina Cooke

In these classes you will explore different aspects of Wiccan beliefs & traditions. You will learn the importance of ritual as well as how to work with the energy of the earth, elements, moon and sun. These skills will allow you to strengthen your solitary work or circle with others.

Sunday, February 10 & 17 1-4 pm \$70 (\$60)

WICCAN CIRCLE Tina Cooke

Join others to honour Wiccan traditions and explore different Goddess-centred pantheons. Discussions include the wheel of the year, the eight high holidays (including solstices/equinoxes), cycles of the moon & more.

Tuesday, Sept. 25, Oct. 30, Nov. 27, Jan. 29 Feb. 26 7-9 pm \$20 (\$15) each

WIRE-WRAPPING GEMSTONES Melba West

In this hands-on workshop you will learn techniques for wrapping your favourite gemstones to create unique pendants for yourself or to give as gifts. Materials included for two pieces. Bring jewellery pliers if you have them.

Sunday, November 11 1-4 pm \$40 (\$30)

WORKING WITH THE VIOLET FLAME Joy Buckley

St. Germain is the keeper of the Violet Flame; one of the most effective & powerful multi-dimensional methods you can use to release non-beneficial energies and transmute them into ones that are of a higher frequency. In addition to its protective qualities, this process will leave you feeling lighter, clearer, more physically energized, and spiritual charged.

Monday, January 14 7-9 pm \$25 (\$20)

YULE/CHRISTMAS CELEBRATION Tina Cooke

Learn what other cultures around the world do to recognize this festive time of the year, and discover which of today's popular traditions originated in Pagan times? We will celebrate & have refreshments too.

Tuesday, December 18 7-9 pm \$25 (\$20)

LEILA VEY'S TAROT SCHOOL

Courses from Leila's professional Tarot School Program can be taken individually or as a series. Program Graduates will earn a Certificate. Materials included. Bring a deck.

Pre-requisite for all Courses: Completion of "Learn to Read Tarot Intuitively" or an understanding of basic tarot principles.

MAJOR ARCANA – EMBRACING THE BIG STUFF

(Tarot School, 2nd Degree)

In this fun and interactive class, we will take the major arcana to the next level of understanding as we further unravel its mysteries and lessons. We will also explore the differences between messages delivered through related minor arcana and the major arcana. We will practice reading with major arcana with Life Path centred readings.

Wednesday, Sept. 12, 19, 26, Oct. 3 7-10 pm 4 Classes \$225 (\$200)

UNDERSTANDING THE HUMAN FACTOR IN COURT CARDS

(Tarot School, 2nd Degree)

Become more intimately familiar with the personalities of the court cards in both their upright and reversed (shadow) aspects. Learn how to work more effectively with court cards in your readings while getting lots of extra reading practice!

Wednesday, Nov. 7, 14, 21 7-10 pm 3 Classes \$175 (\$150)

THE SHADOW SIDE OF TAROT

(Tarot School, 2nd Degree)

Explore the opportunities for growth and transformation by working with the challenge (shadow) cards of Tarot. We will examine reversed court cards, Major Arcana challenge cards, the suit of Swords and other minor arcana challenge cards in order to uncover the invaluable lessons they have for us.

Wednesday, Jan. 9, 16, 23, 30, Feb. 6 7-10 pm 5 Classes \$275 (\$250)

ODYSSEY TREASURE HUNT SALE

As you progress on your life journey there may be spiritual books, CDs, gemstones, and other items in your collection that need new homes. So instead of putting them on a garage sale table or tossing them in a donation box, you are invited to bring these "treasures" to Odyssey on Saturday, October 6. You will be given an inventory sheet to list your items and coded labels to price & identify them (you do not have to be present to sell them). Afterwards the revenue earned from the items sold* will be tabulated and you will be given an Odyssey store credit for 50% of the total. The other half will be donated to charity. So it's win-win-win-win – releasing items you no longer need; finding wonderful new treasures, receiving an Odyssey credit and providing a financial gift for charity.

Sunday, October 7 Noon - 4 pm

*Items that did not sell can be picked up on Tuesday, October 9. Any books, CDs or other items that are left behind after this date will be put in our free Lending Library for customers to borrow or donated.

HALLOWEEN PSYCHIC & HEALING FAIR

Sunday, October 28 Noon – 4 pm \$60*

Get three mini readings or two mini readings & one mini healing session as well as an Odyssey Trick or Treat Goody Bag. All appointments must be pre-booked & prepaid (non-refundable). Choose from:

Readers:

Anna Berk- Tarot Cards
Brenda Thyne - Tarot Cards
Dan Mischuk - Astrology
Dorothy Clifford - Psychic
Kathy Ong - Angel Cards
Reign - Aura Portraits

Healers:

Joy Buckley - Crystal Healing
Lisa Parker - Reflexology

IT'S PARTY TIME – ODYSSEY WILL BE 15!

Mark your calendar! We're having our annual Birthday Party on November 11. To celebrate we will be offering light refreshments, party favours and 15% off your entire purchase (excluding holds & special orders). As an added bonus, you can receive a free gift from our Treasure Chest from November 9-11. Depending on your total purchase, the prize you choose could have a retail value of up to \$50!

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