



MAY

STRESS-MELT MONDAYS NEW

Linda Lee Purvis: Mon., May 1, 8, 15 7-9:30 pm
\$88 (\$78) 3 Classes. Includes all materials
Unmanaged stress may be compromising the health & well-being of your body, mind & spirit. Learn how to ease & release the negative effects of stress with simple meditation/breathing techniques, essential oil blends & creative expression. An optional 4-week supplemental coaching program is available for additional support. **\$60**

HOW TO MEDITATE

Fay: Wed., May 3, 10, 17, 24 7-9:30 pm
\$100 (\$90) 4 Classes
Meditation can help you to relax & relieve stress, sleep better and bring your attention to the present moment. In this program you will practice different meditation styles and learn techniques for grounding, enhancing intuitive awareness and working with energy.

REIKI – LEVEL II

Fay: Fri., May 5, 12, 19 7-10 pm
\$175 (\$150) 3 Classes. Includes Manual & Certificate
This course will include the second degree symbols and their use in treatments, harmonizing spaces, clearing crystals & more. You will learn distance healing, how to use a pendulum to detect energy blocks & measure the state of the chakras. You will receive attunements and practice giving/receiving healings to each other.

MANDALA MAGIC NEW

Jenny Vandette: Sun., May 7 1-3 pm
\$25 (\$20) Includes all materials
An accomplished Mandala artist herself, Jenny will introduce you to the power of this sacred symbolic language and guide you in the creation of your own personal Mandala. There will group discussion and self-reflective time to connect with the messages revealed.

REIKI – LEVEL I

Kelley Gaspar: Sat., May 13 9:30 am-5:30 pm
\$120 (\$100) Includes Manual & Certificate.
Through traditional Usui Shiki Ryoho and attunements you will align & amplify your natural healing energies. Topics include history of Reiki, chakras, clearing & grounding, hand placement, self-healing and etiquette. Attunement includes the first two symbols. Group healing practice. Case studies.

VIOLET FLAME REIKI – LEVEL I & II

Joy Buckley: Sun., May 14 1-4 pm
\$35 (\$30) Includes Manual & Attunements
The Violet Flame is an energetic form of transmutation, purification & protection. In this class you will connect to the loving energy of Quan Yin & St. Germain to clear issues that may be limiting your spiritual growth. You will receive an attunement to the 10 symbols of Level I & II. Pre-req: Reiki II is preferred.

CANDLE MAGIC

Tina Cooke: Tues., May 23 7-9:30 pm **\$25 (\$22)**
Working with candles can help develop psychic awareness and build a link between your world, the fire elementals & other planes. Learn different techniques for candle divination & how to work with colours.

SUPER NEW MOON MANIFESTING NEW

Linda Lee Purvis: Fri., May 26 7-9:30 pm
\$33 (\$29) Includes all materials. Bring Frame Drum
New moons offer the optimal time to set intentions for the pending cycles ahead; we draw from the darkness within and illuminate the areas we wish to reveal. The Gemini influence of being heard & understood, will be a focus of our discussion, meditation, creative expression & sacred drumming.

CRYSTAL ELIXIRS & POTIONS

Joy Buckley: Sat., May 27 1-4 pm
\$45 (\$35) Includes Manual & all materials
Dr. Masuru Emoto brought the magnifying properties of water to the forefront when he published photos of his scientific findings for the world to see. Water can be empowered with thoughts & words, music and more. Crystal elixirs are another powerful way of imprinting water with the healing power of gemstones. In the class you will make a personalized elixir to take home.

HOW TO USE A PENDULUM

Linda Lee Purvis: Sun., May 28 1-3:30 pm
\$35 (\$30) Includes all materials.
Learn how to use a pendulum as a tool for gaining clarity when making decisions. Try a variety of different pendulums or bring your own. Receive resource materials and handouts/grids for reference.

WIRE-WRAPPING GEMSTONES – ADV. NEW

Kelley Gaspar: Mon., May 29 7-10 pm
\$50 (\$40) Includes materials for three projects
In this hands-on workshop you will learn 3 advanced techniques including the basket style wrap. Bring pliers. Pre-req: Wire-Wrapping Gemstones Class.

ANIMAL REIKI

Fay: Wed, May 31, TBA 7-10 pm
\$70 (\$60) 2 Classes
Animals require a different approach when they receive Reiki. In this class you'll develop intuitive communication skills that can be used to determine the needs of the animals with whom you will be working. You will also learn specific techniques so that you can effectively administer these healing energies. If you have a small dog you would like to bring to class, please let us know. The second class will be a field trip with the date TBD. Pre-req: Reiki 1

JUNE

REIKI – LEVEL II

Fay: Fri., June 2, 9, 16 7-10 pm
\$175 (\$150) 3 Classes. Includes Manual & Certificate.
See description in May.

REIKI – LEVEL II

Kelley Gaspar: Sat., June 3 9:30 am-5:30 pm
\$175 (\$150) Includes Manual & Certificate.
Attunement initiates an intuitive awakening & acceleration of energies. Learn the advanced techniques of Byosen, Reiki Mawashi & Enkaku Chiryō (scanning, group energy, distant healing fundamentals). Includes an introduction to the non-traditional use of healing vibrations (singing bowls, ting-shas), two Okuden symbols and practice.

PSYCHIC DEVELOPMENT PROGRAM – LEVEL I

Fay: Wed., June 7, 14, 21, 28 7-10 pm
\$120 (\$100) 4 Classes
Do you have a highly developed intuitive side? Do you ever have unexplained experiences? Through instruction, exercises, and meditation you will learn how to develop your psychic abilities. You will practice readings, psychometry, channeled writing, mental telepathy & connecting with a guide.

GLUTEN & DAIRY-FREE DELIGHTS NEW

Joy Buckley: Sat., June 10 1-4 pm
\$35 (\$30) Includes Manual
If you have dietary sensitivities, it can be quite a challenging to find foods that are healthy, delicious & compatible with the needs of your body. Magical meals can be created with simple methods that will transform a selection of everyday dishes & desserts into ones that are dairy & gluten-free.

AXIATONAL ALIGNMENT

NEW

Kelley Gaspar: Sun., June 11 11 am-5 pm
\$155 (\$133) Includes Manual, Attunement & Certificate
Axiatonal Alignment is a simple yet powerful energy technique that rejuvenates all levels - physical, emotional & spiritual. It re-connects & aligns the meridians of the body to the Universal Light Grid. The integration of these frequencies for healing & spiritual evolution is done through the body's sacred geometric grid & spin points. This modality is an excellent compliment to Reiki.

CRYSTAL GRIDS

Joy Buckley: Sat., June 17 1-4 pm
\$35 (\$30) Includes Manual
In addition to their individual properties, crystals can be aligned in sacred geometric grids to amplify and/or protect spaces, including your home, garden, healing room, yoga studio, altar & workplace. In this class you will learn a variety of different layouts and the most effective stones to be used for each.

SENSE-ATIONAL LIVING

NEW

Lisa Parker: Mon., June 19 7-9:30 pm **\$25 (\$22)**
Your senses are the gateway to all your physical experiences & expressions. During this guided, experiential journey, you will use techniques to increase your awareness & enhance the power of seeing, hearing, smelling, tasting & touching. You will make sense of "coming to your senses".

SOLSTICE & NEW MOON MANIFESTO NEW

Linda Lee Purvis: Fri., June 23 7-9:30 pm
\$33 (\$29) Includes all materials. Bring Frame Drum
Coasting on the energy of the Summer Solstice, this New Moon will tap into the higher tide forces that affect our water bodies, emotions & feelings while the sensitive Cancerian influences will help release that which we are done with. Discussion, meditation, creativity & sacred drumming will ensure this is clarified & delivered.

REIKI – LEVEL I

Kelley Gaspar: Sat., June 24 9:30 am-5:30 pm
\$120 (\$100) Includes Manual & Certificate.
See description in May.

SPELLWORK

Tina Cooke: Sun., June 25 1-3:30 pm **\$25 (\$22)**
A spell is a symbolic act done in a relaxed state of consciousness, with the intent of manifesting change in your life. Learning techniques for practicing spell & charm work will help to identify blocks so you can shift energy patterns and enhance desired outcomes.

EMPATH'S JOURNEY

NEW

Linda Lee Purvis: Mon., June 26 7-9:30 pm
\$30 (\$25) Includes all materials
If you seem to be a sponge that picks up other peoples' energies, emotions & experiences, you will be provided with support & solutions for coping with the gift of heightened awareness, sensitivity & compassion.

REGISTRATION

To register for a Course or Appointment you can come in, call or visit our website. To hold your spot we require a 25% non-refundable deposit. You are entitled to a lower fee in brackets when you pre-register (at least one week before the date) and pay in full.

**Receive the lower bracketed fee when you pay in full at the time of booking.
*All appointments must be prepaid.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NEW Stress Melt Mondays 7-9:30 pm (3 Classes)	2 Spiritual Development Circle 7-8:30 pm	3 How To Meditate 7-9:30 pm (4 Classes)	4	5 Reiki - Level II 7-10 pm (3 Classes)	6 Intuitive Soul-Utions Reading
7 NEW Mandala Magic 1-3 pm Gemstone Reading	8	9 Chakra Tune-Up 7-8:30 pm Healing & Sound Circle 7-8:30 pm	10	11	12	13 Reiki - Level I 9:30-5:30 pm Chakra Empowerment Restorative Body Tuning Soul-Shift Trilogy
14 NEW Angel & Light Beings Reading Violet Flame Reiki - Level III & IV 1-4 pm	15	16 Reiki Practitioners' Circle 7-8:30 pm	17	18	19	20 Psychic Reading
21	22 Victoria Day	23 Candle Magic 7-9:30 pm	24	25	26 NEW Super New Moon Manifesting 7-9:30 pm	27 Crystal Elixirs & Potions 1-4 pm Life Path Tarot Reading
28 How To Use A Pendulum 1-4 pm Tarot Card Reading Crystal & Chakra Reading	29 NEW Wire-Wrapping Gemstones - Adv. 1-4 pm	30 Wicca Circle 7-9 pm	31 Animal Reiki 7-10 pm (2 Classes)	MAY		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	JUNE			1	2 Reiki - Level II 7-10 pm (3 Classes)	3 Reiki - Level II 9:30-5:30 pm Intuitive Soul-Utions Reading
4 Gemstone Reading	5	6 Spiritual Development Circle 7-8:30 pm	7 Psychic Development Program - Level I 7-10 pm (4 Classes)	8	9	10 NEW Gluten & Dairy-Free Delights 1-4 pm Akashic Records Reading
11 NEW Axitonal Alignment 11-5 pm Chakra Empowerment Restorative Body Tuning Soul-Shift Trilogy	12 Crystal Meditation Circle 7-8:30 pm	13 Channelled Writing Circle 7-8:30 pm Chakra Tune-Up 7-8:30 pm	14	15	16	17 Crystal Grids 1-4 pm Psychic Reading
18 Crystal & Chakra Reading	19 NEW Sense-Ational Living 7-9:30 pm	20 Reiki Practitioners' Circle 7-8:30 pm	21	22	23 NEW Solstice & New Moon Manifesto 7-9:30 pm	24 Reiki - Level I 9:30-5:30 pm
25 Spellwork 1-3:30 pm Tarot Card Reading	26 NEW Empath's Journey 7-9:30 pm	27 Wicca Circle 7-9 pm	28	29	30	

MAY 2017
Customer Members' Special
10% INCENSE†
OFF
†For current memberships only.

JUNE 2017
Customer Members' Special
2 FOR 1
DVD RENTAL†
†For current memberships only.

ODYSSEY MEMBERSHIP PROGRAM

In addition to \$5 reward vouchers for every \$100 you spend; free gifts; monthly specials; and discount offers; select titles have been discounted by 10% - 25%. The annual fee is only \$10. Sign up today.

SPIRIT ROCK

Spirit Rock is an affordable sanctuary created for those who need a quiet place to relax, renew & recharge. Space can be rented individually, with a friend/mate or as a small group. The land will heal & nurture as you commune with nature, meditate, draw/paint, write, study, read & connect. Fees start at just \$100 per night with discounted weekly rates.

Spiritual Teachers & Healers are also invited to book space for their programs. You can rent the space and execute your own program or plan an event with our assistance.

Retreats take place at a magnificent location 2.5 hours north/east of Odyssey (near Kaladar). Spirit Rock is situated on 200 acres of forested land and lodging is in a spacious log home. Retreat programs include supplies, shared accommodations, fresh-cooked meals, workshops, meditation, ceremonies, chanting, drumming and free time to hike & explore.

WHO'S WHO?

Archana - uses her ability to see auras & her knowledge of gemstones to select those that are best for you. She worked as a nun with the Dalai Lama for seven years.
Shannerama Bowdring-Smith - is an Artist, Teacher, Personal Support Worker and strong advocate of self-empowerment.
Joy Buckley - is a Reiki Master, Teacher and Crystal Healer with an expansive knowledge of gemstones.
Laura Buckley - is a Reiki Master, Zenith Omega Practitioner, Spirit Rescuer, Crystal Healer, Intuitive Writer and Meditation Facilitator.
Kim Burns - has university training in cultural studies & is an artist, Aromatherapist, Astrologer and certified Angel Card Reader.

Dorothy Clifford - is a Teacher, Healer, Intuitive Reader & Writer.
Tina Cooke - is a Teacher, Mentor for the Munay Ki, Ordained Priestess with the Fellowship of Isis, Fairy Shaman, Ogham Master and Mayan Shaman.
Emylee Cuthbertson - studies Holistic Nutrition and resonates most with animals, crystals, tarot & music.
Fay - is a gifted Teacher, Intuitive Counsellor, Reiki Master, Ghostbuster & Animal Communicator.
Kelley Gaspar - is a Reflexologist, Reiki Master, Bard & Runes Master. She is an Ordained Priestess with the Fellowship of Isis & drawn to the Celtic, Norse, Druidic & Sumerian traditions.
Irma Haggith - is a Labyrinth Facilitator, Spiritual Counselor, Speaker, Writer & Former Radio Host.

Heather Hill-Gibson - works with Tarot and teaches courses on personal and spiritual empowerment.
Dan Mischuk - is an Astrologist, Hypnotherapist and Teacher of deep meditation & higher-self work.
Lisa Parker - is a Reflexologist, Reiki Master and Yoga instructor who also loves nature & herb-lore.
Debbie Purvis - is a former college Chairperson & Professor, Author, Magazine Columnist & TV Host. She had a vision to open Odyssey in 1997.
Linda Lee Purvis - is a Certified Self Actualization & Master Spirit Life Coach, Teacher, Writer & Artist.
Vicki Warner - is a Reiki Master, Crystal Healer and Intuitive Reader.
Sacha Williamson - is a Reiki Master and Intuitive Soul Coach who runs meditation & vocal workshops.